

# Lily Farrar

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## Education

### **Bachelor of Fine Arts in Dance**

Shenandoah University, Graduated 2021 (Winchester, VA)

Ballet, Pointe, Jazz, Tap, Modern, Musical Theater Dance, Dance Production, Arts Marketing, Contact Improvisation, Stage Costuming, Dance Production, Kinesiology, Solo/ Group Composition, Teaching For Techniques

### **Master of Science Performing Arts Leadership and Management**

Shenandoah University, Graduated 2023 (Winchester, VA)

Arts Marketing, Accounting 101, Statistics, Foundations of Institutional Planning, Grant Writing, Research and Writing, Fundraising 101, Leadership in the Arts, and Financial Management

### **Breaking Barriers - Accessibility and ADA Training**

Arts Access, Utah Division of Arts and Museums, Graduated 2025 (Salt Lake City, UT)

Breaking Barriers: A Cultural Accessibility Project is a partnership between [Art Access](#) and the Utah Division of Arts & Museums to provide disability accessibility training and mentorship to our state's cultural institutions at no cost. Workshop content focuses on accessibility needs for people with the following disabilities: Deaf/Hard-of-Hearing/Deaf-Blind, Blind and Low Vision, Physical and Mobility, Neurodiverse and Sensory, Developmental, Learning.

## Training

### *Studios*

Ladu Ballroom Studio (2024) (UT)

Dare2Dance Ballroom Studio 2020-2021 (TN)

Social Graces Ballroom Studio 2017-2021 (VA)

All That Dance, 2016-2017 (TN)

Precision Dance, 2002-2016 (TN)

Nashville Ballroom and Company, 2009-Present (TN)

Children's Ballet Theater, 2014-2016 (TN)

Millennium Dance Complex, Current (TN, CA, UT)

### *Intensives*

Dana Foglia Heels Intensive 2021 (Los Angeles, CA, ONLINE ZOOM)

*Director: Dana Foglia*

Motion X Summer Intensive 2020 (Washington DC, ONLINE ZOOM)

*Director: Stephanie Dorrycott*

Commercial Dance Intensive, Winter 2019 (Raleigh, NC)

*Director: Casey Noblett and Cassidy Noblett*

LA Contemporary Dance Company Intensive, Summer 2019 (Los Angeles)

*Artistic Director: Genevieve Carson*

Arch Ballet Summer Intensive, Summer 2019 (NYC)

*Artistic Director: Sheena Annalise*

Ekilibre Dance, Contact Improv Workshop, Summer 2018 (Greece)

*Artistic Director: Maurice Fraga*

American and Dramatic Academy, Summer 2016 (NYC)

Joffrey Ballet School, Summer 2015 (NYC)

Nashville Ballet, Summer 2014/2015 (TN)

Private with David Hamilton, Ballroom Coach/ Smooth World Champion (TN)

Private with Kasia Kozak, Ballroom Coach/ Latin World Champion (TN)

### *Master Classes*

- Rick Robinson - Ballroom Privates

-Jonathan Roberts and Anna Trebunskaya- Ballroom Class

-Ana Maria Alvarez-Founder and Director of Contra-Tiempo Urban Latin Dance Theater

Specially picked for a week-long Residency and Choreographic lab for JoyUs

Shenandoah University

-Christian von Howard-the Artistic Director of the VON HOWARD PROJECT

Shenandoah University

-Miguel Perez-a featured dancer in the show "Viva Elvis" for Cirque Du Soleil.

Shenandoah University

-Talvandansen- Amsterdam, Netherlands

-Julie Nakagawa- Artistic Director of DanceWorks Chicago

Shenandoah University

-Casey Noblett- Commercial Dance Intensive Director

Shenandoah University

-Jonathan Hsu- Freelance Dance in Washington DC

## **Teaching Experience**

|           |  |
|-----------|--|
| 2025      | <b>Wasatch Ballet Conservatory</b> (Lindon, UT)<br>Intermediate/Advanced Jazz & Contemporary   Marketing Yourself as a Dancer presentation |
| 2025      | <b>Established Dance</b> (Sandy, UT)<br>Beginner/Intermediate/Advanced Jazz  |
| 2025      | <b>Tumble Tek Studio</b> (Draper, UT)<br>Beginner/Intermediate Jazz  |
| 2023      | <b>Utah Dance Fest</b> (Bountiful, UT)<br>Beginner/Intermediate Musical Theatre  |
| 2024-2025 | <b>The Refinery</b> (Heber, UT)<br>Intermediate/Advance Contemporary Master Classes  |
| 2023-2024 | <b>The Pointe Academy</b> (Highland, UT)<br>Junior Touring Company   |
| 2023-2024 | <b>Wasatch Contemporary Dance</b> (Provo, UT)<br>Adult/professional Contemporary/Jazz  |

2023 **The Dance Company** (Salt Lake City, UT)  
Advanced High School Jazz

2023 **Artistic Endeavors Dance** (Salt Lake City, UT)  
Intermediate Contemporary

2023 **Tanner Dance Institution** (Salt Lake City, UT)  
6th and 5th grade beginner Jazz

2023 **Cedar Valley High School** (Eagle Mountain UT)  
Advanced Jazz Master Class

2023-2025 **Central Utah Ballet** (Lehi UT)  
Beginner/Intermediate Contemporary / Intermediate Jazz / Drop in Jazz Classes Advanced

2023 **Aspire Dance Academy** (Lehi, UT)  
Industry Class

2022-2025 **Smash Dance Academy** (Provo, UT)  
Advanced Jazz and Contemporary Master Classes

2022 **Danceology** (Draper, UT)  
Jazz, Contemporary, Hip Hop, Technique

2019 **Ballroom Master Class** (Winchester, VA)  
SUreal- Shenandoah University

2018 **Adult Ballroom Class** (Columbia, TN)  
Ballroom Teacher

2018 **Latin Fusion Dance Class** (Nashville, TN)  
Substitute teacher for DancEast Nashville

2015 **Children's Ballet Theater** (Spring Hill, TN)  
Taught a 3 day Ballroom camp to ages 10-18

2015 **Etiquette Class** (Spring Hill, TN)  
Ballroom Teacher

2014–2015 **Precision Dance** (Columbia, TN) (precision, etiquette, ballroom camp)  
Teachers Assistant  
Assisting in Combo Class 1, and the Junior Competition team

## **Choreography**

2014 *Teenage Dream* Solo; 2:30 minutes  
music: Boyce Avenue  
Self Choreographed for competition purposes

*This work was my first self work I choreographed for myself and I discovered my own personal style and artistry.*

2015 *Catch Me* Solo; 2:30 minutes  
music: Demi Lovato  
Self Choreographed for competition purposes

*This was my second piece of work I choreographed for myself and this time I played with textures and musicality more as I was more comfortable with my own personal style.*

2016 *Vaudeville Tonight* High School Theater Production  
music: Grand Ole Flag  
Choreographed ensemble pieces for Columbia Academy High School Drama Department

*This was my first time setting choreography on a group of people and first time working with musical theater. It was a great opportunity to work with actors and singers.*

- 2017                      **The Wiz**                      High School Theater Production  
music: Charlie Smalls  
Choreographed ensemble pieces for Columbia Academy High School Drama Department
- This was my second time choreographing for a school production and it was a great opportunity to work on choreographing and teaching to large groups of performers*
- 2018                      **Atrapada**                      Solo; 3:00  
music: Samuel Lindon/Jerry Goldsmith; La Tour/ Papillon  
Interview and Text by: Danny Pugh  
Self Choreographed for Solo Composition 1 at Shenandoah University.
- This solo was my first collegiate level solo performance. The entry point of the solos were based on a cultural interview done with someone important to us that had difference ethnic, religious, or sexual orientational backgrounds. It allowed me to dive deep into the life of someone else and portray it through my movement.*
- 2018                      **Contrasting Similarities**                      Solo; 3:30  
music: Ryoji Ikeda  
Self Choreographed for Solo Composition 1 at Shenandoah University.
- This was my second solo choreographed for my composition class. This solo was based on Cultural Interviews we did with an inspirational person in our life. The entry point was an object. The other objectives were to use 32 counts of 5s and 32 counts of 3s with an addition of extreme slowness and extreme fastness.*
- 2018                      **36 & 6**                      Duet; 3:00 minutes  
music: Jimmy Smith and Erin Roukous  
Second Dancer: Cassidy Myers  
Self Choreographed for Student Performance Week at Shenandoah University
- This was a duet I choreographed in the time span of a week to an original composition to a guitar and harp created for the piece. The process was a great experience learning how to work with musicians and create complimentary pieces.*
- 2019                      **Mi Corazon**                      Solo; 3:20 minutes  
music: Carlos Chavez/ La Zandunga  
Self Choreographed for Solo Composition 2 at Shenandoah University
- This was my third solo choreographed for my composition class. This solo was based in Rondo Form. Rondo Form is based on growing phrases and inserting commercials to challenge the choreographer. My entry point was a poem.*
- 2019                      **Jane Doe**                      Solo; 3:30 minutes  
music: Josh McCausland, The Victim; Philip Glass, Metamorphosis II  
Self Choreographed for Solo Composition 2 at Shenandoah University

*This work was my fourth solo choreographed for my composition class. This study is about music, dance, and a current event. My piece was on the topic on human trafficking.*

2019                      If Not Now, When?                      Duet; 3:30 minutes  
music: Two Cellos, The Resistance, words bby Emma Watson  
Collaboration for Solo Composition 2 at Shenandoah University  
Collaboration with Kati Freeman

*This was a collaboration with a fellow classmate, Kati Freeman, we took two separate pieces that we had created and combined the choreography to create a new piece. The piece was to spread awareness for artists advocating for current social issues. Our issue was gender inequality.*

2019                      Dear Inner Self                      Trio; 3:50 minutes  
music: Speaking in Tongues II/ Om Namaha Shiva by: Shelia Chandra  
Self Choreographed for Group Composition 1 at Shenandoah University  
Dancers: Amy Cutler, Zariah Henthorn, and Rebecca Hopkins

*The concept behind this piece was based off the phrase Om Namaha Shiva, which translates to to bow to your inner-self. The overall concept is the idea of what would it be like if you could speak to your own self conscience in the flesh.*

2019                      Love Being Loved                      Quartet; 2:55 minutes  
music: Peach Scone (live) by Hobo Johnson  
Self Choreographed for Group Composition 1 at Shenandoah University  
\*\*Tasks: Choreograph on a 6x6 platform  
Dancers: Maggie DeFrees, Sammy Fossum, Hannah Mikulecky, Christine West

*The research governing my exploration was what are the reasons that people don't share their true feelings to the ones they truly love when there are risks involved? What keeps people from expressing love and how doe sit differs from one person to another. There are always reasons not to tell someone something but more importantly think of the many reasons why you should tell someone how you feel.*

2019                      21st Century Cabaret                      Production; 17:00 minutes  
music: Welcome to Burlesque by: Cher; Performed live by Emily Steinhart and Vanessa Estaniel. Bad Guy by PostModern Jukebox. I Kissed a Girl by: Katy Perry; Performed by: Vanessa Estaniel and transposed by Matt White (saxophone). Toxic Cover by: Brittney Spears; Performed by: Emily Steinhart and Jack Dossett, transposed by Matt White (saxophone). Hey Big Spender/Gold Digger Remix by: Helen Gallagher and Kanye West. Directed and Produced for ShenCoLab Student Festival at Shenandoah University  
Dancers: Lily Farrar, Kati Freeman, Maggie Pekala, Ashley Rivette, Cara Thomas, Becca Hopkins, Brittney Prestige, Maddi Boone, Arrow ZurSchmiede, Brandon Cameron, Emily Steinhart, Spencer Lynn, Jack Dossett, and Vanessa Estaniel

*The purpose of this project was to take modern music and turn it into 1960s jazz music and be performed in the atmosphere of a cabaret night club. This production was put together in just 4 days. It included a live band and singers.*

2020

### Nostalgia Adrift

Solo; 2:40 minutes

music: Slip by: Elliot Moss

Self Choreographed for Group Composition 2 at Shenandoah University

Dancer: V Cangelosi

*The purpose of this project was to portray the feeling of regret and longing through beat driven movements on a single dancer. The premise of my piece is that moment when you realize you are at a point in life that the person you used to be has slipped away. It's all about reminiscing on your past self, it's like those nights where you are on your phone looking at old pictures and you think "wow I was happier then", or "Life was good then". The soloist is represents the person that you have become, and you are grieving for your past self. The soloist will be experiencing an internal struggle.*

2020

### Conscious Blur

Quintet; 2:40 minutes

music: La Vie En Rose Performed by: Lady Gaga

Self Choreographed for Group Composition 2 at Shenandoah University

Dancers: Hallie Moore, Zariah Henthorn, Kaitlyn Christoff, Lainey Griffin, and Mary Kate Crawley

\*\*\*Choreographed over Zoom during the COVID-19 Pandemic\*\*\*

*The purpose of this project was to depict a point in a person's life that is now a distant memory that they perceive as better than what they have in the present.*

2021

### Idle in Indulgence

Solo; 3:40 minutes

music: Mine (Instrumental) / A Palé Performed by: Drake and Beyonce / Rosalia

Self Choreographed for Senior Showcase at Shenandoah University

Dancer: Lily Farrar

*My piece is based on La Noche de San Juan which is the night of fire celebration in Barcelona, Spain. The premise of my piece is that I am just a tourist in the city, being an outsider looking into the culture. When there is a dynamic switch in the music that is a representation of myself dreaming that I am one of those Spanish dancers performing in the square. At the end I wake up from the daydream and still admire the city and what it has to offer. The idea is to remember you can always make your wildest dreams your reality.*

2021

### 3

Group; 2:40 minutes

music: Eduardo Makaroff - *Santa Maria* performed by Gotan Project, Jesse Carmichael, Ryan Dusick, Adam Levine, Michael Madden, James Valentine - *She Will Be Loved* performed by Maroon 5, and Pablo Diaz, King Feeney, Teo Halm, Jose Balvin Osorio, Omar Pineda, Alejandra Ramirez, Rosalia Vila - *Con Altura* performed by Rosalia & J Balvin ft. El Guincho  
Dancers: Kelly Donah, Sammy Fossum, Zariah Henthorn, Becca Hopkins, Ella McCauley, Hallie Moore, Ashley Reed, Kade Wright, John Ray (Understudy), April Ulrich (Understudy)

*"3" depicts the emotions and qualities that different styles of ballroom dance create. I wanted to explore how the origins of ballroom dance affect the way the audience feels while watching. From the intense tango, the passionate rumba, and finally, to the energetic cha cha, each style presents its specialized qualities and creates reactions for those watching or dancing.*

2022

### Salute

Production; 6:00 minutes

Music: Salute by Little Mix; Pass that Dutch (instrumental) by Missy Elliot

Dancers: Smash Dance Academy Elite Team  
60 dancers

*Large production piece commissioned for Smash Dance Academy in Provo Utah.*

2023      Who Are You?      Group; 3:00 minutes  
Music: Toxic Cover by: Melanie Martinez  
15 Dancers

*Large group number commissioned for Cedar Valley High School production of Alice in Wonderland.*

2023      Blackbird      Solo, 2:45 Minutes  
Music: Blackbird (Instrumental) by: Sarah McLachlan  
Dancer: Daphne Smith

*Contemporary Ballet solo choreographed for YAGP*

2023      These Boots are Made for Walking      Solo, 2:40 Minutes  
Music: These boots are made for walking by Nancy Sinatra  
Dancer: Chloe Peterson

*Jazz solo choreographed for a dancer at Aspire Dance to compete*

2023      Does Your Mother Know      Trio, 2:30 Minutes  
Music: Does Your Mother Know by: ABBA  
Dancers: Dancers from Aspire Dance  
3 dancers

*Musical Theatre Trio Choreographed for dancers ages 12-13 to compete*

2024      Grounded Together      Group, 3:00 Minutes  
Music: Dial Drunk (instrumental) by Noah Kahn  
Dancers: Ballet 4 Central Utah Ballet Students  
19 dancers

*Ballet 4 is a very energetic and spunky group of dancers; I wanted to harness that energy and drive in this piece! The goal of this piece was for them to learn how to dance as a united force and be grounded together*

2024      Willows      Group, 3:00 Minutes  
Music: Willowherb.The Swift by Whalebone  
Dancers: Ballet 5 Central Utah Ballet Students  
14 dancers

*This group of dancers all have such a kind presence in the dance studio; I wanted to create a piece that showcased their beautiful artistry and kind souls.*

2024      Awake My Soul      Solo, 2:00 Minutes  
Music: Wind Noise  
Dancer: Lily Farrar (myself)

*Solo choreographed for Shift Dance Company's performance Made Up of Lines. This solo represented struggles that keep pushing us back and how we overcome those obstacles.*

2024 Overwhelmed Duet, 2:30 Minutes  
Music: Overwhelmed by: Royal & the Serpent  
Dancers: Dancers from The Pointe Academy  
2 dancers

*Contemporary/Open duet with a mirror frame as a prop. The dance represented someone having an internal struggle with their alter ego and letting the other side of them see the light.*

2024 Check My Technique Group, 2:37 Minutes  
Music: Pure/Honey by: Beyonce  
Dancers: Seniors from Cedar Valley High School  
9 dancers

*Sassy jazz routine for dancers ages 15-18 to perform at end of the year showcase*

2024 Scream and Shout Group, 3:03 Minutes  
Music: Scream and Short by: Black Eyed Peas  
Dancers: Dancers from Cedar Valley High School Dance Team  
15 dancers

*Upbeat jazz number to be performed at half time performances*

2024 when the party's over Group, 2:37 Minutes  
Music: when the party's over by: Billie Eilish  
Dancers: Dancers from The Pointe Academy  
11 dancers

*Contemporary group piece for advanced ages 13-15 to compete. About what happens when someone feels excluded from their friend group.*

2024 Happy Group, 2:42 Minutes  
Music: Happy by: Leona Lewis  
Dancers: Dancers from The Pointe Academy  
7 dancers

*Contemporary group piece for beginner/intermediate dancers ages 12-14 to compete*

2025 You've Got a Friend Trio, 2:26 Minutes  
Music: You've Got a Friend by: Carol King  
Dancers: Dancers from Refinery Dance Academy  
3 dancers

*Contemporary Trio for 10 year old dancers for competition*



- 2025      It Must Have Been Love      Solo, 2:19 Minutes  
 Music: It Must Have Been Love - Acoustic by: Amber Leigh Irish  
 Dancer: Evianna from Refinery Dance Academy  
 1 dancer  
*Contemporary Solo for 9 year old for competition season*
- 2025      Gonna Go Far      Solo, 2:23 Minutes  
 Music: You're Gonna Go Far by: Noah Kahan  
 Dancer: Ellie from Refinery Dance Academy  
 1 dancer  
*Contemporary Solo for 16 year old for competition season*
- 2025      Benny and the Jets      Production, 2:51 Minutes  
 Music: Benny and the Jets Remastered 2014 by: Elton John  
 Dancers: Dancers from Refinery Dance Academy  
 12 dancers  
*Production piece that is contemporary with a hint of classic jazz flair*
- 2025      You Don't Know Me      Group, 2:32 Minutes  
 Music: You Don't Know Me by: Jax Jones & RAYE  
 Dancer from Refinery Dance Academy  
 7 dancers  
*Sassy Jazz group piece for competition season, focusing on precision and groove*
- 2025      Golden Hour      Solo, 2:35 Minutes  
 Music: Golden Hour Instrumental by: JVKE  
 Dancer: Tegan from Central Utah Ballet  
 1 dancer  
*Contemporary Solo for 14 year old for competition season, heavy ballet based solo*
- 2025      I Don't Think About You      Solo, 2:18 Minutes  
 Music: I Don't Think About You by: Kelly Clarkson  
 Dancer: Brooklyn Brown from Central Utah Ballet  
 1 dancer  
*Contemporary Solo for 12 year old for competition season*
- 2025      The Kindness of Beasts      Trio, 3:40 Minutes  
 Music: You're Gonna Go Far by: Noah Kahan  
 Dancers from Timpview High School Dance Company  
 3 dancers  
*Set against the opulent rise and tragic fall of Shakespeare's Timon of Athens, this new work for the Timp View Trio explores the fragile line between friendship and betrayal, generosity and greed. Through movement, the story unfolds—lavish gift-giving, false devotion, bitter isolation in the wilderness, and the final reckoning of*

*power and peace. Shadows of Gold asks: when wealth fades, what remains of loyalty, love, and the soul's search for truth?*

*In this sharp reimagining of Shakespeare's Timon of Athens, the Timp View Trio dives into the highs of wealth and the crash of betrayal. Lavish gifts win false friends, but when the gold runs dry, Timon is left with only anger, isolation, and hard truths. Blending power, movement, and raw emotion, this dance asks: are we kind for love's sake—or just for what we stand to gain?*

*Based on the Timon of Athens, this piece will explore the idea of two questions: What does society owe to our remarkable individuals and what does that individual owe society? And "Do we cause our own unhappiness because of the actions of others". As the piece unveils we will interpret how we would handle these problem in the modern world.*

***Inspired by Shakespeare's Timon of Athens, this piece explore two central questions: What does society owe its remarkable individuals, and what do those individuals owe in return? And, do we create our own unhappiness in response to the actions of others? Through movement, the work reimagines these timeless dilemmas, inviting us to reflect on how we might confront them in today's world.***

***\*Received 2nd place at the Utah 2025 Shakespeare Festival\****

|      |  |                    |
|------|--|--------------------|
| 2025 | Keep It In The Closet<br>Music: In The Closet by: Michael Jackson<br>Dancers: Lily Farrar and Carson Oliver<br>2 dancers | Duet, 2:52 Minutes |
|------|--|--------------------|

*Cabaret Duet choreographed for the Las Vegas Open Ballroom Competition 2025*

## **Performance History / Professional Experience**

|      |   |
|------|---|
| 2025 | Christmas Spectacular Spectacular 2025 (Salt Lake City, UT)<br>Odyssey Dance Theatre<br>Derryl Yeager, Veronica Cabling, Rick Robinson, Pieter Mortenson, Darby Jones |
| 2025 | Thriller Tour 2025 (Salt Lake City, Layton, Park City, Ogden, Logan, St George, UT)<br>Odyssey Dance Theatre<br>Derryl Yeager, Veronica Cabling                       |

- 2025 Summer Soiree (Provo, UT)  
**Wasatch Contemporary Dance**  
Jaclyn Brown | Improv work
- 2025 Faith Matters Convention (Draper, UT)  
**Wasatch Contemporary Dance**  
Jessica Heaton - duet with Pieter ten Bosch
- 2025 Orem Summer Fest (Orem, UT)  
**Wasatch Contemporary Dance**  
Jessica Heaton - duet with Pieter ten Bosch
- 2025 Pride 2025 (Salt Lake City, UT)  
**Freelance**  
Diego Ballesteros
- 2025 Entwine (Lehi, UT)  
**Wasatch Contemporary Dance**  
Jocelyn Smith
- 2025 Shut Up & Dance - Repertory and The Can Can Club(Salt Lake City, UT)  
**Odyssey Dance Theatre**  
Derryl Yeager, Veronica Yeager, Jeffrey Louizia
- 2024 The Christmas Spectacular SPECTACULAR (Salt Lake City, UT)  
**Odyssey Dance Theatre**  
Derryl Yeager, Veronica Yeager, Pieter Mortenson, Darby Jones
- 2024 Thriller Tour (Salt Lake City, Park City, Ogden, Logan, St George, UT)  
**Odyssey Dance Theatre**  
Derryl Yeager, Veronica Yeager
- 2024 Made Up of Lines (Salt Lake City, UT)  
**Shift Dance Company**  
Megan Warnick, Sarah Lorraine and Dancers, Choreographers
- 2024 To Know Each Other (music video film)  
**Dancer**  
Director: Kelty Hepper
- 2023 Hear Her (Salt Lake City, UT)  
**FEM Dance Company**  
Alicia Ross and Dancers, Choreographers

- 2023      **Becoming** (Salt Lake City, UT)  
**Shift Contemporary Dance**  
Megan Warnick, Bayli Baker, Tommy Green, Choreographers
- 2023      **Chronology** (Provo, UT) - Soloist  
**Wasatch Contemporary Dance**  
Shani Robison, Hayley Stubbard, Kaley Pruitt, Choreographers
- 2023      **Together in Christ** (Film for YSA Conference/ One Republic Concert)  
(Salt Lake City, UT)  
**Mysterybox Productions**  
Christie Moulton, Choreographer
- 2023      **YOUNIQUE Convention/ Corporate Event** (Salt Lake City, UT)  
**Aeris Aerial Arts, Hired Dancer**  
Megan Warnick, Choreographer
- 2023      **Withering Heights** (Salt Lake City, UT) - Role: Isabella Linton  
**Serena Webb Dance Theatre**  
Serena Webb, Choreographer
- 2023      **Clever** (Provo, UT)  
**Wasatch Contemporary Dance Company**  
Jessica Heaton, Jamaal Burkmar, Abby Brumbeloe, Kenzie Gannaway, Choreographers
- 2023      **Embrace** (Salt Lake City, UT)  
**Fem Dance Company**  
Nick Harding, Choreographer
- 2022      **Thriller** (Salt Lake City, UT)  
**Odyssey Dance Theatre**  
Derryl Yeager, Choreographer and Director
- 2022      **USANA Conference** (Salt Lake City, UT)  
**Freelance Gig**  
Megan Warnick, Choreographer
- 2022      **Germany Tour** (Romeo & Juliet / Chicago)  
**Odyssey Dance Theatre**

Derryl Yeager, Choreographer and Director

- 2022      Sledgehammer (Salt Lake City, UT)  
**Odyssey Dance Theatre**  
Derryl Yeager, Mia Michaels, Christian Denise, and Veronica Yeager, Choreographers
- 2022      Chicago (Salt Lake City, UT)  
**Odyssey Dance Theatre**  
Derryl Yeager, Choreographer and Director
- 2022      Let It Be |Beatles Tribute Show| (Salt Lake City, UT)  
**Odyssey Dance Theatre**  
Derryl Yeager, Choreographer and Director
- 2022      Romeo & Juliet (Salt Lake City, UT)  
**Odyssey Dance Theatre**  
Derryl Yeager, Choreographer and Director
- 2021      It's A Wonderful Life (Salt Lake City, UT)  
**Odyssey Dance Theatre**  
Derryl Yeager, Choreographer and Director
- 2021      Thriller (Ogden, Logan, Salt Lake City, Park City, UT)  
**Odyssey Dance Theatre**  
Derryl Yeager and Veronica Yeager, Choreographer and Director
- 2021      Inhabitanace (Dance Film) (Winchester, VA)  
**Shenandoah University**  
Sidra Bell, choreographer
- 2020      Virtual Fall Semester Videos (Winchester, VA)  
**Shenandoah University**  
Group Pieces: Casual Effect  
Tiffanie Carson, choreographer
- 2020      Virtual Fall Semester Videos (Winchester, VA)  
**Shenandoah University**  
Group Piece: Take Care  
Daniel Padierna, choreographer
- 2020      Rosas Danst Rosas Video Project (Online During COVID-19)  
**Shenandoah University w/ Dance Works Chicago**

Anne Teresa de Keersmaecker, original choreographer

- 2020      Reflections Dance Concert (Winchester, VA)  
Shenandoah University  
Group Pieces: Verve Remix  
Kimberly Fields, choreographer
- 2019      NC State Game Halftime Performance (Raleigh, NC)  
Commercial Dance Intensive Winter  
Casey Noblett, Cassidy Noblett, and Carisa Wilson
- 2019      Fall Dance Concert (Winchester, VA)  
Shenandoah University  
Group Pieces: Bad Guy, Cage Construction, \*\*michaels piece  
Erica Helm, Casey Noblett, Michael Lomeka, choreographers
- 2019      Prism Senior Ensemble Dance Concert (Winchester, VA)  
Shenandoah University  
Group Pieces: Our Inevitability,, Acceptance  
Natalie D'Angelo, Brittney Prestridge, choreographers
- 2019,2018      Holiday Gala (Winchester, VA)  
Shenandoah University  
Group Pieces: Rockette Performance  
Tiffanie Carson, choreographer
- 2019      Movement Festival (Winchester, VA)  
Shenandoah University  
Group Pieces: Discord  
Ashayla Byrd, choreographer
- 2019      Spring Dance Concert (Winchester, VA)  
Shenandoah University  
Group Pieces: because I was falling..., Waiting for Mr. R, Seven Nation,  
Matt Pardo, Erica Helm, Justin Lewis, Janelle Spruill , choreographers
- 2019      Adira Senior Ensemble Dance Concert (Winchester, VA)  
Shenandoah University  
Group Pieces: You Ain't Nothin'-Hold On You  
Caitlyn Minueto, Megan Drum, choreographers
- 2018      Fall Dance Concert (Winchester, VA)  
Shenandoah University  
Group Pieces: Santiago-Swipe Right

Erica Helm, Jacob Brent, choreographers

- 2018      Student Performance Week (Winchester, VA)  
Shenandoah University  
36&6  
Lily Farrar, Cassidy Myers, Jimmy Smith, and Erin Roukous  
Group Pieces: Borders, Run., Human Rights  
Dot Kelly, Kaylee Noble, choreographers
- 2018      ContraTempo Latin Dance Theatre (Winchester, VA)  
Shenandoah University  
Ensemble
- 2018      Spring Dance Concert (Winchester, VA)  
Shenandoah University  
Group Pieces: Tension and Release  
Maurice Fraga, choreographer
- 2017      Virago Senior Ensemble Dance Concert (Winchester, VA)  
Shenandoah University  
Group Pieces: Cell Block Tango-Sister, Sister!-Boogie  
Brianna Dregier, Aliyah Sweeney, Maria Ortiz, choreographers
- 2017      Junior Group Composition Showing (Winchester, VA)  
Shenandoah University  
Group pieces  
Brittany Prestige, Madison Vickhouse, Dot Kelly, choreographers
- 2010-2016      Dance World Ballroom Showcases (Nashville, TN)  
Ballroom Duets      Danny Pugh, Lily Farrar, choreographers
- 2003-2016      Precision Dance Studio Recitals (Columbia, TN)  
Solos and group dances      Lisa Walker, Lily Farrar , choreographers
- 2017      All That Dance Spring Concert (Spring Hill, TN)  
Solos and group dances      Anna Perry and Molly Sansone, choreographers
- 2005-2016      Christmas Parade (Columbia, TN)  
Group Piece      Lisa Walker, choreographer
- 2014-2015      Nutcracker (Spring Hill, TN)  
Arabian Princess and Sugar Plum Fairy  
Chelsea Howell, choreographers
- 2013-2014      Southern Fried Festival (Spring Hill, TN)  
Solos and group dances      Lisa Walker, choreographers

- |           |  |
|-----------|--|
| 2013      | Chili Cook Off/ Fall Festival (Spring Hill, TN)<br>Solos and group dances      Lisa Walker, choreographers       |
| 2015/2012 | Clarksville Dancing with the Stars (Clarksville, TN)<br>Ballroom Duet    Danny Pugh, Lily Farrar, choreographers |

## **Films / Projects**

- |      |   |
|------|---|
| 2023 | To Know Each Other<br>Produced by: Independent<br>Directed by: Keltie Hepper<br>Dancer  |
| 2023 | Let Them Eat Cake<br>Produced by: Independent<br>Directed by: Elizabeth Chaille<br>Choreography by: Elizabeth Chaille   |
| 2023 | Together in Christ<br>Produced by: Mystery Box<br>Directed by: David Thorpe<br>Choreography by: Christie Moulton  |
| 2022 | Dance Ball<br>Produced by: Wasatch Contemporary Dance Company<br>Film for Fall Performance and Utah Dance Film Festival<br>Directed and Edited by Aleisha Paspuel<br>Choreography by Jessica Heaton and Dancers |

## **Management/Marketing/Work Experience**

Chrysalis Ballet Board Member Lehi UT - Current  
Involved in the beginning stages of a professional ballet company in UT. Asked to be a board member to be in charge of marketing and fundraising. Recently conducted a online silent auction for the most recent Chrysalis Gala, target goal achieved. Recently hosted a fundraising event called The Nutcracker Social that raised over \$5000 for the company

Wasatch Contemporary Dance Executive Assistant/Board Member Orem, UT -Current

### **Examples of weekly tasks:**

-Create weekly graphic/images to post on Facebook and Instagram detailing the class schedule for open classes each week Aug-Nov and Jan-April. Schedule posts to go live on Sundays before 12 PM



- Oversee the distribution of event information on free community calendars.
- Distribute posters to dancers (after the ED has them printed) and assign poster distribution to dancers and other staff.
- Email concert and event posters to schools within 30 min of upcoming events with an invite and possible discount code for tickets (check with ED to see if a discount is available for each event).
- Email concert and event posters to studios within 30 min of upcoming events with an invite and possible discount code for tickets (check with ED to see if a discount is available for each event).
- Email high school dance teachers and studio directors to inform them of services we offer including custom workshops, masterclasses, adjudication, and choreography in July.
- Prep grant writing documents for executive director to fill out and organize all income and expense finances
- In charge of Silent Auction at Summer Soiree
- Editing Reels as needed
- Creating all company and guest artist contracts

#### Synergy Outreach Performance Lehi, UT- 2022

Created a collective list of schools in surrounding counties, created an email template, and emailed schools inviting them to a Free Outreach Performance featuring Miss Utah. 300 students ended up attending. Working and communicating with 4 dance companies in Utah, Chrysalis, SALT, Shift and Junction Dance Company.

#### Central Utah Ballet Lehi, UT- *Current*

Office manager and director's assistant for a ballet studio in Lehi as well as professional ballet company, Chrysalis. Marketing manager for Instagram and Facebook accounts, content creation and managing analytics.

#### Odyssey Dance Theatre Draper, UT- *Current*

Company member and social media manager, working alongside the marketing manager of the company and Energy8media to grow the social media and outreach for the company. 2022 completely sold-out season. Tasked with the opportunity to create a grant proposal for a private foundation. Currently working directly with Development Director and Artistic Director on future fundraising events and campaigns.

#### Koresch Contemporary Dance Company Philadelphia, PA- 2021

Hired as a summer intern for the marketing and management within a professional dance company. Working with donors, website updates, company managing, and newsletters.

#### Shenandoah University Winchester, VA – 2021

As secretary for our Senior class, I have researched and negotiated the contract for an offsite location for our Senior Capstone performance, due to COVID-19. This is the first time an off-

campus venue has been used, and many different concerns such as funding, insurance, scheduling, COVID restrictions, and performance space had to be considered.

Shenandoah University Winchester, VA - 2019

Applied for, and received, a Grant to produce a Cabaret Performance for Student performance week. Was responsible for all aspects of the performance including tech, live musicians, dance choreography, programs, photo shoots, rehearsals, and set design.

## **Grants, Awards & Honors**

2024 Best of State - UTAH - Best Individual Dancer

1st place - 2023 SURE Awards for Individual Graduate Research at Shenandoah University - *The History and Stereotype of the Sexualization of Dancers and How Harassment is Being Handled in Arts Management Today, A Literature Review*

Graduated Summa Cum Laude from Shenandoah University  
Awarded Outstanding Performance Award, 2021

2019-20 Gus Giordano Scholarship award  
for Jazz Dance at Shenandoah University

National Honor Society, 2017  
For excelling in grades and community service

AMDA Summer Intensive Scholarship, 2016

Shenandoah Conservatory Scholarship, 2017

DCYC (Dance Cincinnati Youth Competition), 2015 Full Summer Intensive Scholarship  
for placing 2nd in Contemporary

## **Professional Affiliations**

Sigma Rho Delta National Dance Fraternity, Epsilon Chapter (Winchester, VA)

- Member since 2018
- Secretary 2019-2021

## **References**

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Director/Teacher  
Children's Ballet Theater  
(Spring Hill, TN)

(615) 335-3891

**Danny Pugh**

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Nashville Ballroom and Company  
(Nashville, TN)

(615) 364-7053

**Anna Perry**

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All That Dance  
(Spring Hill, TN)

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